

## CG Professed Support System

As the Community of the Gospel grows, and the number of Professed Members increases, each Member needs to maintain a network of support and accountability. Listed below are the guidelines to be used. This chart may be updated as we progress and learn more about our needs



NURTURING	ACCOUNTABILITY
<p>This is the ongoing care and support of people on their spiritual journeys as they continue their monastic practice.</p> <ul style="list-style-type: none"> <li>Local spiritual direction network (may consist of spiritual director, pastor, friends, therapist, etc.)</li> <li>The Prayer, Study and Service in each member's own monastic practice</li> <li>Holy Eucharist, at least weekly, as able</li> <li>CG Chaplain, who serves as Confessor to members as requested</li> <li>Attend Convocations, as able</li> <li>Attend CG Conference Calls, as able</li> <li>Path Pals – develop a regular contact system with one or more other Professed Members to share in the Monastic Journey</li> <li>Attend private retreats at monastic centers, as able</li> </ul>	<p>Accountability not only serves as a guidepost for the individual Professed Member, it adds strength and credibility to the Community as a Nationally Recognized Episcopal Christian Community.</p> <ul style="list-style-type: none"> <li>Newly Professed - Continue monthly discussion with the Guardian while Support System is being established</li> <li>Complete Profession Planner each year for own use</li> <li>Emberride* Reports to the Guardian (Quarterly reports, based on Monthly Discussion Planner and Annual Profession Planner)</li> <li>Share Rule of Life with the Guardian as requested</li> <li>Periodic calls with Guardian as needed or requested</li> <li>Right of Bishop Visitor to visit with any member (per Constitution)</li> </ul>

\*Emberride occurs within the week *following* 1) the First Sunday in Lent, 2) the Day of Pentecost, 3) September 13 (Holy Cross Day), and 4) December 13 (St. Lucia)