

Profession Planner for the Year: _____



Name: _____

Updated: _____

ACTIVITY	STATUS	Books, Articles Studied:
<u>PRAYER/WORSHIP</u>		1.
Daily Office; 2-4 times daily using various methods		2.
Attend Mass/Communion weekly as able		3.
<u>STUDY/REFLECTION</u>		4.
Review the Charism Chart annually		5.
Review the Principles of Spiritual Formation annually		6.
Review the Formation Philosophy annually		7.
Review Nuggets annually		8.
Review Vows Defined annually		9.
Review CG Const. and Custom. prior to Convocation		10.
Books read (List in section to the right →)	→	11.
Conduct Awareness Examen periodically		12.
Classes, Seminars, other Projects (List to the right →)	→	Classes, Seminars, other Projects:
<u>SERVICE/MISSION</u>		1.
Main Service to others will be:		2.
Other Service may include:		3.
		4.
<u>GUIDANCE/FORMATION</u>		5.
Meet with your Spiritual Direction Network regularly		6.
Spiritual Director:		NOTES:
Path Pal(s):		
Update Personal Rule of Life at least annually		
Attend Retreats at monastery/retreat centers		
<u>COMMUNITY</u>		
Attend Convocation		
Meet with other CG members as possible		
Attend CG conference calls as available		
Serve CG by/as:		

The above items are *recommendations*, and will vary from person to person depending on one's life situation. Please use this as a guide for planning your year, and for completing your quarterly Embertide Reports.