

# Psalm 1

Using the Anglican Rosary

## The Cross

In the Name of the Father, and the Son, and the Holy Spirit.  
Amen.

## The Invitatory Bead

Happy are those who do not follow the advice of the lost,  
but who delight in the Word of the Lord.

## Cruciform 1 Bead

Those who meditate on his Word day and night are like trees  
planted by streams of water.

## Week 1 Beads

Help us to meditate on Your Word day and night.  
*(Pause for reflection; Journal your thoughts, if helpful.)*

## Cruciform 2 Bead

Those who meditate on his Word day and night are like trees  
that yield their fruit in its season.

## Week 2 Beads

Help us to meditate on Your Word day and night.  
*(Pause for reflection; Journal your thoughts, if helpful.)*

## Cruciform 3 Bead

Those who meditate on his Word day and night are like trees  
whose leaves do not wither.

## Week 3 Beads

Help us to meditate on Your Word day and night.  
*(Pause for reflection; Journal your thoughts, if helpful.)*

## Cruciform 4 Bead

Those who meditate on his Word day and night prosper in  
all that they do.  
*(Pause for reflection; Journal your thoughts, if helpful.)*

## Week 4 Beads

Help us to meditate on Your Word day and night.

## Cruciform 1 Bead

The Lord watches over the way of those who delight in His  
Word. *(Pause for reflection; Journal your thoughts, if helpful.)*

## The Invitatory Bead

Our Father, who is in heaven; Hallowed be Your Name.  
Your kingdom come, Your will be done, on earth as it is in  
heaven. Give us this day our daily bread. And forgive us  
our trespasses, as we forgive those who trespass against us.  
And lead us not into temptation, but deliver us from evil.  
For Yours is the kingdom, and the power, and the glory,  
forever and ever. Amen.

## The Cross

Blessed is the Word of the Lord. Thanks be to God.