

3. THE HOLY SPIRIT AND US

1. God loves us so much
that we were given the Holy Advocate
to teach us, and guide us,
to comfort us, and
to sustain us in life.
The Spirit abides in each
and every person.

2. Paul wrote, "The Holy Spirit is the power
that brings the soul to life.
It is the energy
that drives every one of us.
It is the breath of life
that lets us be
who we were meant to be."
The Holy Spirit is the outpouring
of God's love
over all time and in every place.

3. A farmer plants a seed
where it can grow,
but the farmer can't make it grow.
It grows by the power of the Spirit.
The farmer has faith that it will grow
even though the farmer
may never see the harvest.

4. We offer an act of love,
like planting a seed,
but we can't make it grow.
We place this offering
into the hands of God
and have faith that it will produce
what God wants it to produce
by the power of the Holy Spirit.

5. Our task is to love our neighbors as ourselves,
without expectation of a result,
without expectation of a return,
without any expectation of self-gain at all.
It is God's place, not ours,
to take this act of love
and grow it through the Holy Spirit.
Do the love, then let God grow it.

6. Our other task is to listen, listen, listen
to the guidance and wisdom
of the Holy Spirit
in the stillness of the night,
in the stillness of our prayers.
To be filled with the Holy Spirit
Is to be filled with the love of Christ.

"The Holy Spirit graciously breathes into us the gifts that
lead to eternal life." - Julian of Norwich