

**Common Rule Chapter 5: Being Human**  
**Based on Paragraph 6; Lines 7-12**

**“We gradually become who we were made to be, not anything we want to be, but who we are supposed to be. That’s all we are, and that’s more than enough.”**

There are moments when I felt shame with contentment. There are moments when I have felt that if I was not driving to be more, I was failing those who depend on me. The anxiety and stresses that the pursuit of more has not only robbed me of my joy, it has highlighted an emptiness in life.

When Jesus grew tired and thirsty, he stopped. (John 4: 4-26). He did not stop out of failure or laziness. He stopped because stopping was part of His purpose. Through his rest, he connected with a Samaritan woman and shared the Gospel to an entire community. Members of the community drank Jesus’ “living water” because He took the opportunity to stop.

As I become more aware of God influencing me, my life is transformed. I think less about the tasks I have left to do and more about the moments I am living. I have a tendency; when I define my purpose I consider what I am not and develop a plan to progress to what I want to be. Almost mystically, the distance between the current me and the me of my goals never gets smaller. The path I have drawn for myself is generally wrong with one notable exception. The day I decided to stop and listen to God’s directions I began to gradually make better, happier choices.

When I consider my vocation I must be cautious to not over interpret God’s direction out of an unmistakable desire to know God more. I am called to walk deliberately, thoughtfully, and prayerfully. I am better served stopping at every well along the way and sipping the living water that God provides. Today’s drink was more than enough. Tomorrow’s drink will be more than enough. God has quenched my thirst one small sip at a time. Yes there are times when I wish God provided a canteen for the road or at least a to-go cup so I can see the goal ahead. However, God is training me to be more content with this moment and more dependent on His step-by-step directions. I need to be human in this moment. I am learning this is more than enough.

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